

Infant Bereavement Momento Bracelets

Pattern designed by Sheri Null for The Preemie Project

SKILL LEVEL

Beginner

MATERIALS

- Pastel Seed Beads – sizes 6, 8, 10, 11
- Pastel e-beads
- Optional letter beads
- Silver mini charms such as baby feet, baby carriage, etc
- 5 mm stretchy clear beading thread
- Ruler
- Scissor
- Optional beading needles

SIZE

Various sizes for Preemie Weights

- Less than 1 lb
- 1-3 lb
- 3-5 lb
- 6-8 lb
- 9-11 lb

NOTES:

There are many sizes of beads. If larger beads are used on the smaller sized bracelet, the wrist size will be smaller so adjustments need to be made. Similarly, using smaller beads for the larger sizes bracelet, changes the wrist size.

- On the smaller sizes, seed bead size 8, 10, 11 work best.
- 4 lb and larger uses bead size 6, 8, and e-beads.
- NO PONY BEADS!
- **Pale Pastel colors or white are preferred** for bereavement purposes.

The smallest size (<1 lb) should be made in gender neutral colors (white, pale yellow, pale green) only.

For the 1-3lb size at least ½ of the bracelets you make should be gender neutral colors.
The sex of the child often times cannot be determined in the tiniest.



INSTRUCTIONS:

SIZE: Less than 1 lb Preemie 2" total length

1. Cut a 3" length of elastic thread.
2. Thread beads for 1". Add the charm.
3. Thread 1" more of beads.
4. Tie the elastic into 1 or 2 square knots to close the beads together but not too tight. Make sure the tie is secure and will not come loose. Snip the ends leaving short tails.
5. Place into a mini ziploc if available and place with correct sizes.

SIZE: 1 – 3 lb Preemie 2 ¼ - 2 ½ " total length

1. Cut a 4" length of elastic thread.
2. Thread beads for 1 ¼". Add the charm.
3. Thread 1 ¼" more of beads. Finish as above.

SIZE: 3 – 5 lb Preemie 2 ½ - 3¼" total length

1. Cut a 5" length of elastic thread.
2. Thread beads for 1 ½". Add the charm.
3. Thread 1 ½" more of beads. Finish off as above.

SIZE: 6 - 8 lb Infant 3 – 3 ½" total length

1. Cut a 6" length of elastic thread.
2. Thread beads for 1 ¾". Add the charm.
3. Thread 1 ¾" more of beads. Finish off as above.

SIZE: 9 – 11 lb Infant 3 ½ - 4 ¼" total length

1. Cut a 7" length of elastic thread.
2. Thread beads for 2". Add the charm.
3. Thread 2" more of beads.
4. Finish off as above.

As an alternative, letter beads could be used as pictured with a phrase, such as "sweet baby", "precious baby", "loved one" etc. just keep in the correct size.